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BREAST AUGMENTATION

Moderate swelling and discomfort is expected and will be maximal at two days after surgery. Swelling is usually gone in three weeks, but occasionally, can persist longer.

If swelling is getting worse on one side and this is associated with pain and bruising, notify the Clinic immediately. Take your pain medication as directed.

Bruising may occur and will be maximal at three to four days and can persist for three weeks.

You can shower the day following surgery if you feel well enough. You Must Shower by the 2nd postop day to prevent infection.

There are sometimes areas of numbness, especially around the incisions. This will generally subside. The nipples, on the other hand, may be hypersensitive for several weeks. If nipple irritability is a problem, place a band-aid across the nipple.

Dr. Shenker may ask you to wear a special type of supporting bra.

If you have drains, please ensure that they are well secured to your clothing.

You may be expected to wear a bandeau bra 24/7, unless showering. The bandeau is to sit lower on back and at the front, be just above nipples approximately 1 “– 2”.

Adjust tension on the bandeau as swelling subsides. No other bra is to be worn for 4 weeks.

If you have any questions or problems, please do not hesitate to call the Clinic at 519.746.1132 or if it is after hours, you may contact Dr. Shenker directly at 905.628.1302.

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