



Dr. Robert L. Shenker
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Plastic Surgeon

The Cosmetic Surgery Clinic

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After your Chin Implant Surgery

- Do NOT drive yourself home. You must be taken home by a responsible adult
- Start your diet with clear fluids, soups etc. Add solid foods slowly. Do not chew anything hard (apples, raw carrots etc.) for at least 7 days after surgery. Avoid alcohol for the first 24 hours.
- Do not operate any machinery such as your car, bicycle or lawn mower for 24 – 48 hours, or if you feel lightheaded due to your pain medication.
- Do not make any important decisions or write exams for 24-48 hours after surgery. Even though you may feel normal, your judgement and reflexes may be impaired.
- Leave all dressings in place until your first follow up visit with Dr. Shenker.
- It is possible after anesthetics or sedation to have:
 - Some nausea or vomiting
 - Dizziness, sore throat, headache
 - Muscle aches, or fatigue
 - All of the above will usually, but not always settle within 48 hours.

Call Dr. Shenker if you have any of the following:

- Continuous nausea or vomiting
- Pain that is not relieved by the prescribed pain medication
- Asymmetric and excessive swelling at the surgical site.

Dr. Shenker can be reached at the office at 519-746-1132 or at home at 905-528-1302

In the event that you cannot reach Dr. Shenker and you need attention urgently, please go to your nearest emergency department.

refresh
renew
revitalize