Dr. Robert L. Shenker
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Plastic Surgeon

The Cosmetic Surgery Clinic
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Facelift

To reduce swelling keep your head flat, expect your face to be very swollen.

Avoid Aspirin, ASA, NSAIDS, Ibuprofen, Advil or Anacin unless directed by Dr. Shenker.

Take your pain medication as directed. Try to time the dosage so you can have 2 before bed.

You should already have a follow up appointment scheduled for 1-2 days after your surgery. You will then come back in 5-7 days to have the stitches removed.

If you do not have an appointment scheduled, please contact the Clinic to arrange one.

You can shower the day after surgery, but you must have a responsible adult with you for your first shower.

Gently clean incisions daily with mild soap and warm water. Pat dry.

Apply a thin layer of polysporin ointment for the first 3 days to your incisions.
Ice packs can be applied for 10 minutes at a time (10 minutes on / 10 minutes off)

If you have any questions or concerns after surgery, please contact The Cosmetic Surgery Clinic at 519-746-1132 or, if it is after hours you may contact Dr. Shenker directly at 905-658-1302.

refresh
renew
revitalize