



Dr. Robert L. Shenker
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Plastic Surgeon

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OTOPLASTY CARE

Dr. Shenker will remove the bandage after one week. You must leave it in place until that time.

You can gently wash your hair with your regular shampoo once the bandage is removed.

After the dressing is removed, please GENTLY wash the ears daily with soap and water.

The stitches behind the ears will dissolve and fall out on their own, usually within 7 to 10 days after surgery. Sometimes, beginning at 7 days after surgery, some gentle massage using Vaseline will help.

For the first year after surgery, avoid excessive cold or heat on your ears, (frostbite in winter, sunburn in summer).

Avoid wearing helmets or restrictive headgear of any type for the first month after surgery.

Try to minimize wearing glasses for the first month after surgery.

If you have any concerns, please call The Clinic at 519.746.1132 to make an appointment with Dr. Shenker.

refresh
renew
revitalize